



LIFE  
AS  
MEDICINE

*LIFE AS MEDICINE INVITES YOU TO*

# ME AS TREE: WE AS FOREST

***Join LIFE as Medicine for a fun-filled land centred Eco-Arts Healing Retreat. Experience a Welcoming Circle, deepening into a Ceremony around a Sacred Fire to connect with our Ancestors and set our Healing Intentions.***

***Awaken our Nature Connection with our Me as Tree Meditation, Together we Create our Living Landscape Eco Sculptures and WearAble Art with Natural and Found Materials.***

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MAY 16 - 18 2025



SLIDING SCALE AND  
SCHOLARSHIP OPTIONS  
AVAILABLE

LIFEASMEDICINE.CA

CAMP KIDSTON, MIDDLE MUSQUODOBIT, NOVA SCOTIA

