



LIFE
AS
MEDICINE

LIFE AS MEDICINE INVITES YOU TO

ME AS TREE: WE AS FOREST

Join LIFE as Medicine for a fun-filled land centred Eco-Arts Healing Retreat. Experience a Welcoming Circle, deepening into Ceremony to connect with our Ancestors and set our Healing Intentions

Awaken our Nature Connection with our Me as Tree Meditation, Together we Create our Living Landscape Eco Sculptures and WearAble Art with Natural and Found Materials.

Sept 19-21, 2025

***The Deanery
751 W Ship Harbour Rd,
Lake Charlotte, NS***

Sliding scale and scholarship options available

lifeasmedicine.ca