



LIFE
AS
MEDICINE

Me As Tree: WE AS FOREST



Join us for a fun-filled

Land Centred
Healing Retreat.

Experience
Sharing Circle
Ceremony
with Sacred Fire.

Creation of
Eco Sculptures
and WearAble Art

SEPTEMBER 25 - 27, 2026

Location: Eastern Shore, NS



REGISTER ONLINE

LIFEASMEDICINE.CA



*Please email us if you
have questions
kathy@lifeasmedicine.ca*